

St. Anthony High School Athlete of the Week January 2010



James Healy

James Healy is the Athlete of the Week. Although James may not be a leader in the points column, he has been recognized by his coaches for his defense and superb team play. Coach Martin attributes Healy's strong play as one of the key factors to the team's most recent wins. James is known for his solid defense and capability to break the puck out of the defensive zone. Healy also helped out on offense, adding two assists this past week. For the week, James had a plus minus rating of +2, leading the team in that category.