
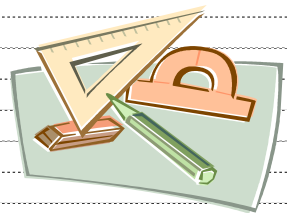
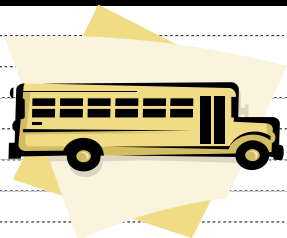


Sept. 2010

Column1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
St. Anthony High School Lunch Menu 2010-11					
Prices:			1	2	3
Secondary: \$2.45		Cheese Sticks w/Marinara Sauce	Beef Ravioli	Meatball Sub with Mozzarella Cheese	Mexican Haystacks w/ Fixings
Reduced: \$.40		Seasoned Green Beans	Garden Green Salad	Crunchy Relish Sticks with Dip	Fluffy Rice
Adult: \$3.25		Multi Grain Bread	Garlic Bread Stick	Fresh Fruit	Carrot Coins
Milk: \$.50		Pineapple Tidbits	Mandarin Oranges	Lowfat Milk Choices	Cinnamon Applesauce
	6	7	8	9	10
Breakfast: \$1.85	Chicken Nuggets w/ Dipping Sauce	Let's Go Italian	Oriental Day	Chicken Gravy over Mashed Potatoes	Hot Ham & Cheese on Bun
	Mashed Potatoes & Gravy	Italian Baked Ziti w Mozzarella Cheese	Popcorn Chicken with Sweet & Sour Sauce	Whole Baby Carrots	Pickle Slices
	Broccoli Buds w/Dip	Garden Salad	Fluffy Rice/Egg Roll	Savory Stuffing	Crunchy Relish Sticks w/Dip
Available Daily:	Dinner Roll	French Bread	Green Beans	Fresh Fruit	Pineapple Tidbits
Salad Bar, Subs, Pizza, Chicken Patties	Fruit Cocktail	Chilled Peaches	Mandarin Oranges	Lowfat Milk Choices	Lowfat Milk Choices
	Lowfat Milk Choices 13	Lowfat Milk Choices 14	*Fortune Cookie* 15	*Cookie* 16	*Baked Chips* 17
A Variety of Low Fat Milk Choices are Available Daily:	Chicken Fingers with Dipping Sauce	Cheese Stuffed Shells w/Marinara Sauce	Brunch Lunch	Mexican Fiesta	Grilled Cheese Sandwich
	Twisted Pasta	Tossed Salad	French Toast Sticks	Tacos w/Fixings	Tomato Soup with Goldfish Crackers
	Seasoned Green Beans	Garlic Bread Sticks	Syrup	Fluffy White Rice	Veggie Sticks w/Dip
	Multi Grain Bread	Yellow Apple	Sausage Patties	Whole Kernel Corn	Diced Pears
	Mixed Fruit	Lowfat Milk Choices	Crispy Hashbrowns	Multi Grain Bread	Lowfat Milk Choices
	Lowfat Milk Choices 20	*Swirl Pudding* 21	Fresh Banana	Cinnamon Applesauce	
			Lowfat Milk Choices 22	Lowfat Milk Choices 23	
	Chicken Wrap Snack w/Shredded Lettuce	Dunker Day	Corn Dog	September Birthdays	
	Mixed Veggies	Italian Beef Dunkers or Meatless Sauce with Cheese Bread	Spaghetti-O's	Chicken Fajitas	
	Multi Grain Bread	Whole Kernel Corn	Cauliflower & Broccoli with Dip	Fluffy Rice	
	Pineapple Tidbits	Orange Smiles	Green Apple	Sweet Peas	
	Lowfat Milk Choices 27	Lowfat Milk Choices 28	Lowfat Milk Choices 29	Whole Grain Bread	
				Chilled Pears	
				Lowfat Milk Choices	
				Birthday Cake 30	