

2017-2018
Middle School/
High School
Breakfast Menu
September



Monday	Tuesday	Wednesday	Thursday	Friday
4 Whole Grain Breakfast Bread**	5 Whole Grain Breakfast Bread**	6 Whole Grain Mini Cinis	7 Whole Grain Egg & Cheese Breakfast Wrap	8 Colby Cheese Omelet
11 Mini Maple Pancakes	12 Whole Grain Bagel with Cream Cheese	13 Fruit & Yogurt Parfait with Granola*	14 Turkey Sausage Breakfast Burrito	15 Glazed Whole Grain Mini Long John
18 Turkey Sausage Breakfast Flatbread	19 Whole Grain Egg & Cheese Pita Pocket	20 Chicken Sausage & Cheese Breakfast Biscuit	21 Whole Grain Belgian Waffle Sticks	22 Egg, Cheese & Salsa Breakfast Burrito
25 Whole Grain Breakfast Bread**	26 Egg & Cheese Breakfast Sandwich	27 Whole Grain Mini Cinis	28 Whole Grain Egg & Cheese Breakfast Wrap	29 Colby Cheese Omelet

*Fruit will vary but may include blueberries, strawberries, peaches, pears, pineapple, mandarin oranges or other seasonally available fruit
**Whole Grain Breakfast Bread options may include Berry, Banana, Cinnamon, Pumpkin, or Zucchini

Breakfast- \$2.15

Daily options include:
whole grain cereal, whole grain graham crackers, low fat milk, fruit & 100% fruit juice.



Want to work in the cafeteria as a sub? Call or email Linda Amundsen at 612-706-1017 or lamundsen@stanthony.k12.mn.us