

St. Anthony/New Brighton MS/HS Main Line Lunch Menu

November 2017

Nutrition Services is proud to offer Minnestoa Thursday! Watch for the local menu the first Thursday of each month!





Meal Prices
Breakfast \$ 2.15
Lunch \$ 2.90
Adult Breakfast \$ 2.50
Adult Lunch \$ 4.00
Milk \$.55



The menu is subject to change without notice. May contain allergens including but not limited to eggs, wheat, soy, dairy, & fish. Substitutes available with physician's statement.



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Daily options include low fat milk, fresh fruit, and 100% fruit juice.</p>		<p>1 Macaroni & Cheese Garlic Breadstick Steamed Green Beans Chilled Pears</p>	<p>2 Roast Turkey with Gravy Savory Stuffing Fluffy Whipped Potatoes Whole Grain Dinner Roll Maple-Sage Roasted Delicata Squash Chilled Cranberry Sauce</p>	<p>3 Scrambled Eggs Belgian Waffle Sticks American Fries Chilled Applesauce Maple Flavored Syrup WG Blueberry Muffin</p>
<p>6 Cheese Lasagna Roll Up Marinara Sauce Garlic Breadstick Steamed Broccoli Chilled Pears</p>	<p>7 Chicken Nuggets Whole Grain Biscuit Potato Salad Steamed Green Beans Chilled Applesauce</p>	<p>8 Roast Chicken with Gravy Fluffy Whipped Potatoes Whole Grain Biscuit Golden Corn Chilled Peaches</p>	<p>9 Ferndale Market Turkey Burger American Cheese Whole Grain Bun Steamed Broccoli Chilled Fruit Cocktail</p>	<p>10 No School!</p> 
<p>13 Swedish Meatball Over Egg Noodle Mixed Vegetables Mandarin Oranges</p>	<p>14 Beef Meatballs w/ Marinara Sauce Whole Grain Sub Bun Mozzarella Cheese Steamed Carrot Coins Fresh Tropical Kiwi</p>	<p>15 Whole Grain French Toast Sticks Chicken Sausage Patty Oven Baked Tri Tator Sweetened Strawberries</p>	<p>16 Toasted Cheese Sandwich on Whole Grain Bread Tomato Soup Whole Grain Tortilla Rounds Hummus Chilled Peaches</p>	<p>17 Cheese Calzone Marinara Sauce Garden Peas Chilled Applesauce Jonny Pop on a Stick</p>
<p>20 Chicken Mashed Potato Bowl Mashed Potatoes bowl Popcorn Chicken Gravy Shredded Cheese Golden Corn Baked Buttermilk Biscuit Frosty Pineapple Tidbits</p>	<p>21 Baked Whole Grain Ziti w/ Marinara Sauce Mozzarella Cheese Steamed Carrot Coins Chilled Fruit Cocktail</p>	<p>22 Whole Grain French Toast Sticks Chicken Sausage Patty Oven Baked Tri Tator Strawberry Compote</p>	<p>23</p> <p>24</p> <p>No SCHOOL Thanksgiving Break</p> 	
<p>27 Cheese Lasagna Roll Up Marinara Sauce Garlic Breadstick Steamed Broccoli Chilled Pears</p>	<p>28 Chicken Nuggets Potato Salad Steamed Green Beans Chilled Applesauce</p>	<p>29 Roast Chicken with Gravy Fluffy Whipped Potatoes Whole Grain Biscuit Golden Corn Chilled Peaches</p>	<p>30 Tst Ham & Cheese Tomato Soup Whole Grain Tortilla Rounds Apple Wedges</p>	