

Wilshire Park Breakfast Menu

December 2017

Skim & 1% milk available daily



Meal Prices
 Breakfast \$ 2.00
 Lunch \$ 2.65
 Adult Breakfast \$ 2.50
 Adult Lunch \$4.00
 Milk \$.55



Start your Day with a Healthy Breakfast



Monday

Tuesday

Wednesday

Thursday

Friday

The menu is subject to change without notice. May contain allergens including but not limited to eggs, wheat, soy, dairy, & fish. Substitutes available with physician's statement.

1 Colby Cheese Omelet
 Assorted Fresh Fruit
 Fruit Juice, Assorted

4 WG Mini Maple Pancakes
 Assorted Fresh Fruit
 Fruit Juice, Assorted

5 Rice Chex Cereal Bowl
 Assorted Fresh Fruit
 Fruit Juice, Assorted

6 Little John Doughnut
 Assorted Fresh Fruit
 Fruit Juice, Assorted

7 WG Blueberry Muffin
 Assorted Fresh Fruit
 Fruit Juice, Assorted

8 Fruit Parfait
 Assorted Fresh Fruit
 Fruit Juice, Assorted

11 Turkey Sausage Breakfast Flatbread
 Assorted Fresh Fruit
 Fruit Juice, Assorted

12 Egg and Cheese Pita Pocket
 Assorted Fresh Fruit
 Fruit Juice, Assorted

13 Sausage, Egg & Cheese Breakfast Sandwich
 Fruit Juice, Assorted
 Assorted Fresh Fruit

14 Rice Chex Cereal Bowl
 WG Cinnamon Goldfish Graham Cracker
 Assorted Fresh Fruit
 Fruit Juice, Assorted

15 Cinnamon Raisin Whole Grain Bagel
 Cream Cheese Cup
 Assorted Fresh Fruit
 Fruit Juice, Assorted

18 Whole Grain Cinnamon Burst Bread
 Assorted Fresh Fruit
 Fruit Juice, Assorted

19 Blueberry Waffle
 Assorted Fresh Fruit
 Fruit Juice, Assorted

20 Whole Grain Mini Cinnis
 Assorted Fresh Fruit
 Fruit Juice, Assorted

